



# Outpatient Virtual Therapy

Aspire Counseling was established with a clear mission: to make high-quality mental health services as accessible as possible. We are committed to making therapy accessible and affordable, without sacrificing the quality of care you deserve.

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## Services Provided:

- Individual Counseling
- Couples Counseling
- Play Therapy for kids
- Teen Therapy
- Family Therapy
- Creative Arts Therapy
- EMDR
- DBT
- CBT & TFCBT
- Grief Therapy
- Anger Management

**AspireCounseling.com**

**856.279.0020**

**Contact@AspireCounseling.com**

We accept most major commercial insurances, Medicaid and Medicare.

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**Immediate openings** for women, men, couples, families, teens, children, and seniors.

