





WORKSHOP

Beyond Picky Eating: Avoidant Restrictive Food Intake Disorder



If your child struggles with extreme picky eating or food anxiety, this workshop will give you clarity and tools that actually help. Learn what ARFID is, why it happens, and how to build structured, low-pressure meals that support growth and comfort.



MAY 20TH - 6:30 - 8:00 PM

51 NJ-23, Suite 3, Riverdale,
NJ 07457

Sign up today: 973-588-4486
www.parenttrain.com

