



Our Mission:

To ensure that each person be **empowered** to find the **healing** they deserve.

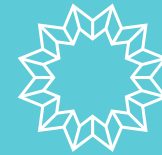


CONTACT US

E H Counseling LLC

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Counseling for
individuals, children,
teens, families, and
couples

In-Home Services (IIC &
BA)

Immigration
Psychological Evaluations

ABOUT US



E H Counseling LLC is a community based mental health practice that focuses on providing exemplary services to youth, adults, and families. Our goal is to empower each individual by utilizing a strength-based approach when providing effective tools to help them feel more in control of their current situation.

We are dedicated professionals committed to providing each family with a tailored approach. Our staff consists of culturally competent bilingual LCSWs, LPCs, LSWs, LACs, and behavioral assistants. We have staff that speak English, Spanish, Russian, Portuguese, Korean, Yiddish, and Hebrew.

WHAT WE DO

E H Counseling LLC is committed to providing high quality therapeutic services. We:

- Work with children and adults providing outpatient and in-home services.
- Utilize natural supports to strengthen the family unit.
- Construct a tailored approach to meet each individual families needs.
- Collaborate with partnering agencies and individuals such as psychiatrists, schools, care managers, DCP, ect.

Servicing Bergen, Passaic, Union, Middlesex, Morris, Sussex, Monmouth, and Ocean counties

www.ehcounseling.org

OUR SERVICES

- Individual counseling for adults, children, and teens
- Family Counseling
- Couples Therapy
- Intensive In Community (IIC)
- Nurtured Hearts Approach
- Nurtured Parent Program
- Behavioral Assistance (BA)
- Biopsychosocial Assessments
- Immigration Psychological Evaluations
- Clinical Supervision

EXPERTISE:

- Anxiety
- Depression
- Trauma
- Play therapy
- Substance Use
- DBT
- Developmental disabilities
- Christian Counseling
- Family Conflict
- Social skills
- School Refusal
- Anger Management
- ADHD