



Our Comprehensive Mental Health Services Include:

ACCESS CENTER

- High Priority Access and Attention
- Immediate Answers and Assignment of Services
- Superior Customer Service and Satisfaction

IN-HOME SERVICES

- BPS and Strength-Needs Assessments
- Licensed Clinicians, Behavioral Assistants, Parent Coaches (bilingual available)
- Short-Term-Solution-Focused Care
- Trauma-Informed Specialties
- Serving Southern, Central and Northern NJ
- Nurtured Heart Approach

OUTPATIENT SERVICES

- Serving Children, Adolescents and Adults
- Individual, Family and Group Therapies
- Psychiatric Evaluations and Medication Management
- Licensed by the Department of Health
- Medicaid Provider
- Participating In-Network with Select Major Commercial Insurance Plans (Cigna, Aetna, Horizon)
- Bilingual Clinicians Available
- Trauma-Informed Care; Trained in ARC and TF-CBT
- Nurtured Heart Approach

To learn more about how to access these services and more, visit our website: cooperativecs.com



COOPERATIVE COUNSELING SERVICES

Virtual and In-Person Services Available

1139 Spruce Drive
Mountainside, NJ

147 Union Avenue
Middlesex, NJ

www.COOPERATIVECS.com