



ASun Star



MENTAL HEALTH & SUBSTANCE USE OUTPATIENT PROGRAMS



WHO WE SERVE

- Adults
- Adolescents

**CLIA
APPROVED**

DMHAS SUD Fee-for-Service provider



OUR SERVICES

- Individual Therapy
- Family Therapy
- Group Therapy
- Peer Support
- Medication Management
- Drug Screening and Assessment
- Relapse Prevention
- Health Education
- Case Management
- Parenting Groups



ACCEPTED INSURANCES

- Medicaid
- Medicare
- Horizon NJ Health
- Aetna
- Wellpoint
- Optum
- Cigna
- Fidelis
- UnitedHealthcare (including Oxford)

START YOUR JOURNEY WITH US

 (973) 771-3300 EXT. 2  asunstar.org  info@asunstar.org

 199 Railroad Avenue,
East Rutherford, NJ 07073



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YOUTH PROGRAMS

AFTER-SCHOOL PROGRAM

- AGES: 4–21
- SCHEDULE: MONDAY–FRIDAY
- TIME: 3:00 PM – 7:00 PM

SATURDAY PROGRAM

- AGES: 8–21
- SCHEDULE: SATURDAYS
- TIME: 10:00 AM – 5:00 PM

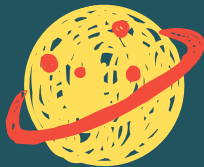
SUMMER CAMP PROGRAM

- SEASONAL- JUNE-AUGUST
- AGES: 4–21
- SCHEDULE: MONDAY–FRIDAY
- TIME: 10:00 AM – 3:00 PM



PROGRAM INCLUDES

-  Arts & Crafts
-  Science & Engineering
-  Music & Movement
-  Culinary Activities
-  Life & Social Skills
-  Interactive Sensory Play
-  Field Trips



PROGRAM FEATURES

- ✓ Year-Round program
- ✓ Safe, nurturing environment
- ✓ Transportation available
- ✓ Snack provided
- ✓ **PerformCare FSS (Family Support Services)** - Approved Provider for Afterschool and Weekend Respite



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SOCIAL SKILLS & ANGER MANAGEMENT GROUP

PROGRAM OVERVIEW

- 8-Week Year-Round
- Ages: 8-21
- Schedule: Tuesdays
- Time: 4:00 PM - 7:00 PM

SOCIAL SKILLS & SELF-ESTEEM

- Mentoring
- Journaling / Creative Writing
- Holistic Talk Therapy Approach
- Positive Decision Making
- Safe Space environment
- Positive Peer to Peer Support
- Expressive Arts for Healing
- Trauma Specialists
- Sexual Education

ANGER MANAGEMENT

- Knowing your triggers
- Assertive Communication
- Bullying
- Role Playing
- Respond instead of React
- Problem Solving Skills
- Group Conversation
- Journaling
- Art Therapy



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ADULT DAY HABILITATION PROGRAM



PROGRAM INCLUDES

-  Life skills development
-  Educational activities
-  Art exploration
-  Community experiences
-  Social enrichment and peer engagement
-  STEAM-Based activities

PROGRAM OVERVIEW

 Ages: 18–40

 Schedule: Monday–Friday, 9AM–3PM

PROGRAM BENEFITS

- ✓ Participants enjoy culinary activities, music, crafts, and social time while caregivers return to work or receive the respite care they need
- ✓ Safe, structured, and nurturing environment
- ✓ Promotes social growth and daily living skills
- ✓ Engaging group activities including music, crafts, and peer interaction
- ✓ Provides meaningful respite support for caregivers

* Transportation available



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HELPING PEOPLE. CHANGING LIVES!!



ADULT COMMUNITY INCLUSION PROGRAM

Building Skills. Making Connections. Creating Futures.



PROGRAM OVERVIEW

- ✓ Year-Round
- ✓ Ages: 18–40
- ✓ Mon–Fri: 3 PM–7 PM | Sat: 10 AM–5 PM

A supportive program that empowers adults to build independence, develop meaningful relationships, and actively participate in their community.



PROGRAM INCLUDES

- Field Trips
- Life & Social Skills
- Arts & Crafts
- Culinary
- Health & Safety
- Culture & Diversity
- Interactive Sensory Play
- Science & Engineering
- Music & Movement
- Peer Socialization



Inspiring Growth. Building Confidence. Belonging Together.

PROGRAM BENEFITS



Builds confidence



Teaches life skills



Boosts growth



Respects diversity



Improves communication



Promotes independence



ASun Star



BRIGHTER FUTURE STARTS HERE

ABA therapy that empowers children with autism to learn, grow, and shine.

EVERY CHILD.
EVERY STEP.
EVERY VICTORY.



WHAT IS ABA?

Applied Behavior Analysis (ABA) is an evidence-based approach that helps children develop meaningful skills and increase independence in everyday life.



Build Skills

Communication, social, academic & daily living



Increase Independence

Encouraging confidence in every step



Positive Behavior Support

Promoting positive behaviors in a supportive way



Family Involvement

Partnering with families every step of the way

OUR SERVICES

- Assessments
- Direct Support Services
- Parent Education
- Social Engagement
- Gross & Fine Motor Skills Support



WE WORK ON SKILLS THAT MATTER



Communication



Social Skills



Learning



Daily Living



Play & Leisure



Behavior



SERVING CHILDREN
AND FAMILIES

Ages: 3-21



Individualized Care



Fun & Engaging



Proven Results



Stronger Families

OUR PROMISE

To treat every child with kindness, respect, and patience while providing high-quality ABA therapy that creates lasting positive change.



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WE ARE AN APPROVED
PERFORM CARE PROVIDER FOR
CAMP & ONE TO ONE SERVICES



ASUN STAR

CAMP DREAM

Summer Program

"BELIEVE, ACHIEVE, SUCCEED!"

AGES 4 - 21

(11 WEEK PROGRAM)

JUNE 15TH - AUGUST 28TH, 2026

MONDAY THROUGH
FRIDAY
10AM - 3PM

ALTERNATIVE
RECREATIONAL SESSIONS

MONDAY - FRIDAY
8AM - 10AM & 3PM - 5PM

SATURDAYS
10AM - 12PM &
12PM - 2PM



I/DD AND NON I/DD PROGRAMS
AVAILABLE
TRANSPORTATION AVAILABLE
SNACK IS INCLUDED

TALES INCLUDE:

- STEAM BASED ACTIVITIES
- MUSIC & MOVEMENT
- ARTS & CRAFT
- INTERACTIVE SENSORY PLAY
- FIELD TRIPS & GAMES
- SCIENCE & ENGINEERING
- WATER ACTIVITIES



SUMMER@ASUNSTAR.ORG
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