True Care

Devoted to Community, Dedicated to Service

Elizabeth | *Newark* | *Paterson* | *Toms River*

True Care is an Outpatient Mental Health Agency that offers individual and family counseling services.

MEDICATION MONITORING
after 3rd therapy session

EVENING HOURS!

WE ACCEPT MOST MAJOR INSURANCE & MEDICAID

Our Licensed Therapists (LSW, LCSW, LAC, LPC, LAMFT) and Prescribers (APN) are dedicated to serving individuals with emotional and behavioral health concerns.

Treatment is evidence-based and individualized to meet client need.





In-Office and Virtual Telehealth Therapy Available

Contact Us: (888) 500-9661

570 N Broad St. Suite 3
Elizabeth, NJ 07208

654 Mt Prospect Ave. 2nd floor
Newark, NJ 07104

675 Broadway
Paterson, NJ 07514

551 Lakehurst Rd. 1st floor
Toms River, NJ 08755