



Bii You Mentoring Program Program Design & Methodology

Program Delivery

Bii You delivers strength-based mentoring services in community-based settings, providing youth with structured opportunities to build confidence, develop life skills, and enhance overall well-being. Services include both group mentoring and individual mentoring options to meet the diverse needs of youth and partnering organizations. All sessions are facilitated by trained professionals to ensure consistency, safety, and program fidelity. Program Delivery Bii You offers flexible program models for organizations interested in group mentoring services.

Holistic Program Model

- Mentoring and relationship-building
- Life-skills instruction
- Emotional wellness education
- Small-group discussion and hands-on activities

Sessions emphasize resilience, communication, decision-making, and positive peer engagement through interactive and age-appropriate activities.

Strength-Based Approach

All services are grounded in a strength-based framework that highlights participants' abilities, encourages self-expression, and fosters confidence.

Proposed Program Structure

Bii You proposes a 6–8 week mentoring service, with sessions lasting 90–120 minutes.

Program Models

- **6-Week Model:** Focused skill-building, mentoring, and enrichment
- **8-Week Model:** Expanded exploration of wellness, life skills, career interests, and reflection

Weekly Framework

- Week 1: Introductions & Program Overview
- Week 2: Self-Awareness & Emotional Wellness

- Week 3: Communication & Conflict Resolution
- Week 4: Life Skills & Time Management
- Week 5: Financial Literacy & Decision-Making
- Week 6: Problem-Solving & Critical Thinking
- Week 7 (8-week model): Career Exploration
- Week 8 (8-week model): Youth Celebration & Recognition

Expected Outcomes

- Increased confidence and self-awareness
- Improved communication and problem-solving skills
- Stronger peer relationships
- Positive engagement in structured after-school activities