



Art Therapy

at MarbleJam Center

**Expressive Therapy & Wellness
for Children, Adults, and Family...**

**MULTI-DISCIPLINARY AND COLLABORATIVE WITH
TRADITIONAL THERAPIES.**

Art therapy is a transformative approach to therapy, blending creativity and emotional healing. Through drawing, painting, sculpture, and other art forms, individuals can explore their feelings, work through emotional conflicts, and build self-awareness.

For children, teens, and adults art therapy offers a safe and familiar space to express themselves, release anxiety, and build self esteem. By creating art, they can broaden their range of expression while practicing practical skills such as fine motor and social skills.

Private & Group sessions offered
in 10-week blocks.

Intake & needs assessment
required.

Call: (201) 497-6512 - Email: info@marblejam.org

MarbleJam Center, 214 State Street,

Suite 204, Hackensack NJ