



IRON

RECOVERY AND WELLNESS CENTER

ADOLESCENT PROGRAM

Iron Recovery and Wellness Center provides compassionate, evidence-based treatment for teens (*ages 13-18*), struggling with substance use and co-occurring mental health concerns. Our team meets teens where they are and helps them move forward with **dignity, support, and hope.**

WHY IT MATTERS

Teens today face overwhelming pressures, trauma, stress, and emotional challenges. Iron Recovery and Wellness Center offers a safe, structured environment where they can heal, rebuild confidence, and develop lifelong coping skills.

WHAT WE OFFER

- Evidence-based therapeutic treatment
- Support for anxiety, depression, trauma, and co-occurring disorders
- Teen-focused, group-based, judgment-free environment
- Skills for long-term recovery and emotional resilience
- Family education and supportive community resources

WHAT TO EXPECT

- A full clinical assessment
- A supportive, dedicated care team
- Ongoing progress check-ins

*We accept Medicaid and grant funded for the uninsured.
Walk-ins welcome. No waitlist for any clients.*

TRENTON

144 PERRY ST
TRENTON, NJ 08618

MONDAY-FRIDAY
7:00AM-7:00PM

(609) 394-8988



ADMISSIONS@IRONWELLNESS.ORG
IRONWELLNESS.ORG

OUR MISSION:

To save lives from the devastation of addiction & mental health.

OUR HISTORY:

Iron Recovery and Wellness Center has been providing valuable Substance Use Disorder and Behavioral Health treatment services since 1987.

IRWC offers various pathways to recovery from substance use disorder and Behavioral Health utilizing three distinct programs. Utilization of medication is adjunct to psychotherapy provided to our clients by our clinical staff at various levels of care. We are also licensed for Behavioral Health outpatient. All of our clients have access to psychiatric and medical services/consultation along with appropriate medication management.



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US



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