



Equine Assisted Learning Program

What is EAL?

Equine Assisted Learning (EAL) is experiential, social-emotional learning that incorporates horses and engages people by offering them the opportunity to fully participate in skill development. In our curriculum-based, non-riding equine program, individuals can learn character skills that help to promote positive behaviors and foster healthy person-to-person contact.



Located on a beautiful 73-acre campus with a covered ring and an inviting classroom, our program is designed to reach people who might have difficulty in traditional settings. Horses are utilized as facilitators in the lessons to better meet the individuals' emotional, social, and behavioral needs.

Program Curriculum and Benefits

Group & 1:1 sessions consist of tailored, unmounted activities with horses to help promote character skills, life skills and developmental assets.

Studies have shown EAL activities can help individuals develop confidence by dealing honestly with their strengths and weaknesses. EAL utilizes equine herd communication to help participants better communicate and understand themselves which can improve: self-awareness, mindfulness, focus, anxiety/stress relief, self-regulation skills, and resiliency.

Why Horses?

The horse-human connection helps participants reconnect emotionally, socially, and physically with themselves and others.

Among the many programs using animals, those involving horses offer learning possibilities that can help develop confidence, self-assurance, nonverbal communication, focus, mindfulness, and skills to cope with stress.



Program Effectiveness

Since our inception, the Equine Facilitated Learning Program has served over 300 members of the community including public schools, out of district special education schools, out-patient mental health facilities, military personnel and a local sheriff's department.

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