



Get in Touch



732.200.7078



bluestarrecovery.com



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If you, a loved one, or someone in your care is facing a **substance use disorder** or **co-occurring disorder**, Blue Star is here to help.

Our team provides **compassionate, individualized care**, including support for **dual diagnosis**, to guide those struggling with addiction toward lasting recovery.

Reach out today to take the first step!



***Your Guiding Light Through
Addiction Recovery***

SAME DAY ADMISSION AVAILABLE

732.200.7078

- 24 / 7 HOTLINE! -



NJ'S PREMIER **ADDICTION TREATMENT** CENTER

Blue Star Recovery provides supportive addiction treatment personalized to meet each client's unique needs. Rooted in trauma-informed care, our programs empower adults to break free from substance use and build a strong foundation for long-term sobriety.

Levels of care include **PHP, IOP, OP, MAT, Relapse Prevention, and Detox & Residential** placement.



COMPASSIONATE EVIDENCE-BASED SOBER SUPPORT

📍 Monmouth County, New Jersey

SERVICES & THERAPIES OFFERED

INDIVIDUAL THERAPY

GROUP THERAPY

FAMILY COUNSELING

SUPPORT GROUPS

INTERVENTIONS

LIFE SKILLS TRAINING

PSYCHOEDUCATION

MEDITATION & MINDFULNESS

SOUND BATHING

REIKI HEALING

YOGA THERAPY

TRANSPORTATION