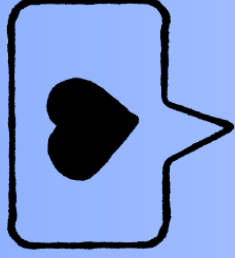


When should a child see a psychiatric provider?

- Persistent anxiety, sadness, or mood changes
- ADHD or attention concerns
- Emotional outbursts or behavioral struggles
- Difficulty at school or with peers
- When therapy alone doesn't feel like enough.

You don't need to have all the answers - we help you figure out the next steps.



**Need more information?
Contact us!**

732-664-7788



Meet Your Provider

Hi, I'm Nina Thompson, PMHNP-BC, a psychiatric nurse practitioner specializing in child and adolescent mental health. I work closely with families and pediatricians to provide thoughtful, developmentally

appropriate care.



Three Roots Integrative
Psychiatry Center

Child & Adolescent Psychiatry

Thoughtful mental health care for children, teens, and families

