

A Prevocational Training Program Building Your Toolbox of Skills

SOCIAL SKILLS **BUILDING NETWORK**



SSBN provides prevocational training opportunities for adults in either small groups or individually, or a combination of both. Participants will improve their social interactions, better manage their emotions, build confidence, advocate for themselves, deal with challenges at work, and more. We are committed to taking a person centered approach to support each member on their employment journey.

Key components of prevocational training include:

- ✓ Skills Training and Practice
- ✓ Volunteer Opportunities
- ✓ Resume Building
- ✓ Quarterly Assessments
- ✓ Job Shadowing
- ✓ Interview Practice
- ✓ Computer Skills Training
- ✓ Individualized Goals



► **National Institute for People
with Disabilities of New Jersey**

A member of the YAI Network.



Locations & Schedule



Individual prevocational: Meets in your local community, Passaic, or Bergen counties.

Group prevocational: Meets in Wayne or Parsippany, from 10 am - 3 pm on Monday/Wednesday or Tuesday/Thursday.

Curriculum Topics

- * Recognizing Emotions & Social Cues
- * Conversation Skills
- * Expressing Empathy
- * Building Relationships
- * Coping with Stress
- * Conflict Resolution
- * Career Exploration
- * Job Searching
- * Resume Building
- * Interviewing
- * Accepting Feedback
- * Prioritizing Tasks
- * Money Management
- * Problem Solving
- * Flexibility



Eligibility Requirements



Individual Prevocational Training: Applicants must be 21 and over, and are funded through DDD only.

Group Prevocational Training: Applicants may be 18-21 funded through their H.S. IEP; 21+ funded through DDD; or can pay out of pocket.



Contact Us

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