

Our Health to Hold

hosted by:
OCEAN MONMOUTH HEALTH ALLIANCE
a collaboration of
Coalition Partners

2026

January 28th: National Cervical Cancer Awareness Month | VNA Community Health Center of Central Jersey

February 25th: American Heart Month | Freehold Area Health Department

March 25th: National Colorectal Cancer Awareness Month | Horizon NJ Health

April 22nd: National Minority Cancer Awareness Month | Parker Family Health Center

May 27th: Mental Health Awareness Month | Caitlin's Counseling Corner

June 24th: Men's Health Month | Rutgers Cancer Institute

July 22nd: UV Safety Month | Wellpoint

August 26th: Children's Eye Health & Safety Month | NJ Commission for the Blind & Visually Impaired

September 23rd: National Ovarian & Prostate Cancer Month | Hackensack Meridian Health

October 28th: National Breast Cancer Awareness Month | Cancer Education & Early Detection

November 18th: Lung Cancer Awareness Month | CentraState Healthcare System * 3rd Wednesday *

Join Us!
Wednesday's at
10AM
for a
virtual series
guide to
Monmouth &
Ocean County
cancer & chronic
disease
resources-
prevention,
screening, social
& support
services.



Microsoft Teams

Meeting ID: 289 088 800 061 5

Passcode: xm9hB7u3